

To register for a clinic, complete the form below and send with a check for full payment to:

Adelaide Leavens
Streams and Valleys, Inc.
P.O. Box 101373
Fort Worth, TX 76185
817-926-0006 streamsvalleys@charter.net

Clinic Dates

Circle Choice

Flatwater Fundamentals \$90

May 27	River Park
June 24	Trinity Park
July 22	River Park
August 26	Trinity Park
September 23	River Park

Intermediate Sea Kayaking \$100

*All classes held in Heritage Park
Parking available at the Taylor St. cul-de-sac*

June 3 July 1 July 29

PLEASE PRINT

NAME: _____

ADDRESS: _____

CITY, ZIP: _____

PHONE: _____

EMAIL: _____

Make checks payable to **Streams and Valleys, Inc.**

Sorry, no credit cards accepted.

All clinic prices include boat and gear and a light lunch.

Please read cancellation policy.

KAYAK INSTRUCTION, INC.

THE SCHOOL

Dave Holl began planning what has become the school of Kayak Instruction, Inc. during the summer of 2000 while he was kayaking the Grand Canyon with a group of fifteen other river enthusiasts. The idea was to bring the highest level of kayak instruction available in the country to Texas.



MISSION STATEMENT

To provide quality kayak instruction to as many segments of the population as possible, emphasizing safety, enjoyment, and skill acquisition.

FOR MORE INFORMATION ABOUT OUR OTHER CLINICS CALL 214-629-4794 OR VISIT THE WEBSITE: www.kayakinstruct.com

NOTE: All students are required to read and sign a waiver in order to participate.

Streams and Valleys was formed in 1969 for the purpose of planning and coordinating the beautification and recreational development of the Trinity River in Fort Worth. Building trails, planting trees, and providing access to the river are some of the means that the non-profit organization's volunteers use to ensure that the Trinity remains an important public amenity. Streams and Valleys works in close cooperation with government and community agencies with tax deductible donations originating from community organizations, foundations and individual contributors.



Streams and Valleys, Inc. a non-profit organization, with its headquarters in Fort Worth, Texas, is qualified as a charitable corporation under 501 (c) 3 of the Internal Revenue Service.

Checks must be received to confirm reservation. Refunds of 70% of registration fee will ONLY be given when class space can be filled. No refunds for cancellations less than 24 hours before class.

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Streams and Valleys

Kayak Clinics

Trinity River - Fort Worth



Summer 2006

Flatwater Fundamentals

and

Intermediate
Sea Kayaking



Classes taught by:
Kayak Instruction, Inc.

Trinity River Kayak Clinics

Summer 2006 - Fort Worth

STREAMS AND VALLEYS is hosting kayak clinics on the Trinity River in Fort Worth. There will be five flatwater fundamental classes, and **new for 2006**, three intermediate sea kayak clinics.

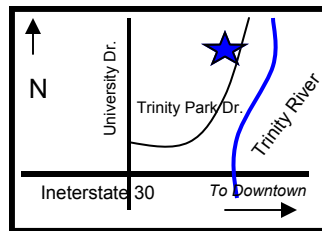
Flatwater classes will be taught by Dave Holl, founder and owner of Kayak Instruction, Inc. Dave and his instructors are ACA certified and provide the novice with a thorough introduction to this sport.

Charles Snider will instruct the **Intermediate Sea Kayak** clinics. Students are required to possess basic paddling skills as taught in the Flatwater Fundamentals class. Charles has participated in and taught this sport for more than 30 years and guides sea and white water kayak trips to South America, Canada and Alaska.

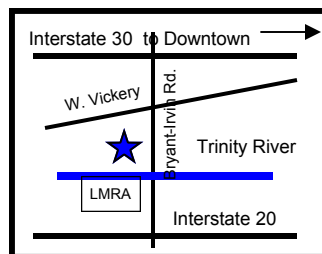
All ages can enjoy this rapidly growing sport. For STREAMS AND VALLEYS Classes, we request that registrants be 12 or older. We invite 10 or 11 year olds with a parent or guardian registration.

Important Information

- Class hours: 10 a.m. to 4:30 p.m.
- Cost: Fundamentals \$90; Sea Kayak \$100
- All gear, equipment and lunch provided
- Lawn chairs are optional for the classroom session
- Two locations: Trinity Park and the River Park Trailhead
- Dress: You will get wet. Sandals with straps or sneakers are recommended. Wear comfortable clothing that offers sun protection. Don't forget your hat, sunscreen and towel.
- All instructors are certified under the guidelines of ACA, ARC and/or the USACK, the nationally recognized governing body for paddle sports
- Class size is limited, register early
- Cancellation policy:
70% thru Thursday, if class space can be filled; No refunds for cancellations less than 24 hours before class



Trinity Park
I-30, west of downtown, north on University, right on Trinity Park Drive



River Park Trailhead
Mid-way between I-30 and I-20, west of downtown, on Bryant-Irvin Road



Flatwater Fundamentals

This is an introductory program aimed at all ages and fitness levels. It provides the kayaker with the necessary skills to paddle safely, efficiently and with confidence. You will leave this class knowing how to enter, exit and maneuver your kayak in any direction. You will also learn how to recover from being capsized, including how to clear the water from your kayak and how to re-enter your kayak from the water. Techniques for assisting other kayakers are also covered.

Intermediate Sea Kayaking

This class will offer the experienced student an emphasis on stroke techniques, on-water solo and assisted rescues, reading water and weather conditions, what to pack for paddling trips and how to pack your kayak. A



presentation of appropriate safety/emergency equipment, recommended gear, and food preparation and storage will be given.