

Kayak Instruction & Dragon Ignite Team Building



Invite You To



Discover Dragon Boating!

July 14, 2018 ~ 10:00

Paddle Point Park

Lake Ray Hubbard, 6800 Miller Road, Rowlett, Texas

No experience necessary! “Stella” is a 40-foot long canoe-like dragon boat that holds 20 paddlers who paddle in sync to move efficiently and effectively.

Join us for an introduction of the Coaches & Dragon Ignite, warm-up on land, equipment check, boat line-up, on water instruction. Water & rest breaks will be given in the boat. Wrap up, cool-down and stretching session finishes up the fun.

Space is Limited – Register Today

www.KayakInstruct.com

214-629-4794 \$20.00 per Participant

Registration is limited. Session subject to availability & weather conditions. Minimum age 14-years. Joint event with Dragon Ignite, 2500 Catfish Lane, Grapevine, Texas 76051, www.dragonignite.com